

GENERAL INFORMATION FOR MINISTERING IN HONDURAS

1. Immigration in Honduras will ask for a local address and telephone number.
given later.
2. You will need to bring sheets, blanket (or sleeping bag), towels and washcloths for personal use in the field. Linens will be furnished at the Partnership House while we are in Tegucigalpa. It could possibly be cold where we are going.
3. Be sure to bring adequate toilet articles, film, ect. These items are not always available and are more expensive.
4. Please be very careful in the demonstration of Christian love with Central Americans of the opposite sex. Due to language, customs and cultural barriers, words and actions may be misconstrued.
5. Any plans to bring national workers to the U.S. must be cleared through the Field Logistics coordinator or the Partnership Missions Office in Jackson BEFORE it is mentioned to the national workers. Do not make any promises to national workers.
6. Do not give monetary gifts to nationals. Should the team desire to provide a gift to translators or other workers, the funds should be collected, divided equally, placed in envelopes with names and given to the Field Logistics Coordinator for distribution.
7. Mission personnel will not be responsible for exchanging currency, but team members should seek advice from mission leaders before making exchanges.
8. It is important for your group to check in at least 3 hours prior departure time. This is because you are a group and you have additional luggage to be checked.

CONDUCT AND DISCIPLINE

In many ways, Hondurans take their Christianity more seriously than we do in the U.S. Therefore, it is essential that we discipline ourselves to act in a manner consistent with their expectations.

1. Personal Habits

- Use of tobacco products in any form is prohibited
- Use of alcoholic beverages, including beer and wine, is strictly prohibited, even on the airlines.
- Card playing is not allowed
- Gambling, pool playing and dancing is prohibited
- If anything is in question, please consult the resident missionaries

2. Dress Code

- Ladies, pants, capris, and long skirts are OK, but no shorts. Scrubs are suggested for field work and evening church services. Blouses and dresses may be sleeveless, but no sundresses without a jacket.
- Men, please wear shirts, shoes and long trousers at all times outside privacy of living quarters. No tank tops.

SUGGESTED CLOTHING AND PERSONAL ITEMS

- * Take enough for the entire stay, as there are no laundry facilities available.
- * Clothing for village work should be comfortable, cool, casual and washable
- * One nice outfit is suggested to wear to the banquet at the restaurant Friday night

- * Choose shoes for comfort and suitability for rough terrain
- * A dress-length bathrobe is recommended
- * An all-weather light jacket is suggested for evenings

Suggested Articles Include:

- Plenty of insect repellent
- Sunscreen
- Antibacterial wipes and gel
- Shower shoes/flip flops
- Mirror
- Soap
- Wash Cloths *in towels*
- Any medication you are taking
- Large containers for all toilet articles
- One roll of toilet tissue and Kleenex
- Lysol spray
- Flashlight and extra batteries
- Extra toothbrushes
- Fanny pack
- Camp chair
- Hairdryer and other electrical devices will probably work only in the *motel* -
- Anything you might need on the bus ride to the field

TRAVEL PRECATIONS

Please mark your luggage well. Be sure to have your name and address inside and outside. We will provide bright luggage tags to make your luggage easily identifiable to the team. With the airline situation these days, we recommend packing small items in clear, Ziplock bags. Inspectors just love to take someone's suitcase and go through it. Ziplock bags will keep all of your stuff together in case this should happen.

Don't forget your current PASSPORT. We would hate to have to leave you in the U.S. or Honduras because you don't have your correct documentation, but it has happened in the past. A "fanny pack" is great for carrying around passports, money, and antibacterial gel.

DO NOT DRINK any water that has not been boiled from the time you leave ~~the~~ *USA* until you return. THE WATER IS NOT SAFE.

PLEASE DO NOT eat any food that has not been provided for you by the missionaries or team cook. DO NOT EAT fresh fruits and vegetables without peeling them first. You can't take any back to the States either, so leave the goods in Honduras.

WASH YOUR HANDS OFTEN AND THOROUGHLY. Remember you are on a medical-dental team. Do not put your hands to your mouth, eyes or nose.

You should have had your tetanus shots updated before leaving the U.S. We will be providing you with malaria medicine to take before, during and after the trip. *HEPATITIS A & B. needed.*

The climate is usually mild. It is typically very warm in the daytime and chilly at night. There are some cold days between October and February. March through May is the hottest months. Rain can be expected anytime.